YOUNG PEOPLE AND GAMBLING

Participation in gambling activities by persons under the age of 21 is not permitted in the State of Nevada (NRS 463.350).

Underage gambling is not a harmless activity and young people are also at risk for developing a gambling problem.

For some, gambling may begin with friendly wagers on sporting events, penny ante card games, or the "gift" of a lottery ticket from an adult family member.

Independent studies of high school students from several states suggest that the prevalence of problem gambling may be higher among adolescents than adults.

For the safety and well-being of our young people, please remember:

DO NOT leave children unattended in or near a gaming area.

If you see an unattended child in a gaming area, please report the situation immediately to a security or law enforcement officer.

DO NOT allow persons under 21 to participate in any gambling activity.

DO educate your children about the law and the potential harmful consequences of underage gambling.

The information in this brochure is provided by:

NEVADA COUNCIL ON PROBLEM GAMBLING

The Nevada Council on Problem Gambling is a non-profit, information and referral agency and an affiliate of the National Council on Problem Gambling.

The Council does not take a position for or against legalized gambling. Instead, our efforts are focused on addressing the impact of problem and underage gambling on our citizens, businesses and communities in the State of Nevada.

Our Mission

It is the mission of the
Nevada Council on Problem Gambling
to generate awareness,
promote education,
and advocate for quality treatment
of problem gambling in
the State of Nevada.

For additional information contact:
Nevada Council on Problem Gambling
4340 S. Valley View Boulevard, Suite 220
Las Vegas, Nevada 89103
(702) 369-9740
www.nevadacouncil.org

The Nevada Council on Problem Gambling is a tax exempt Section 501(c)(3) organization.

For Confidential Assistance:

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

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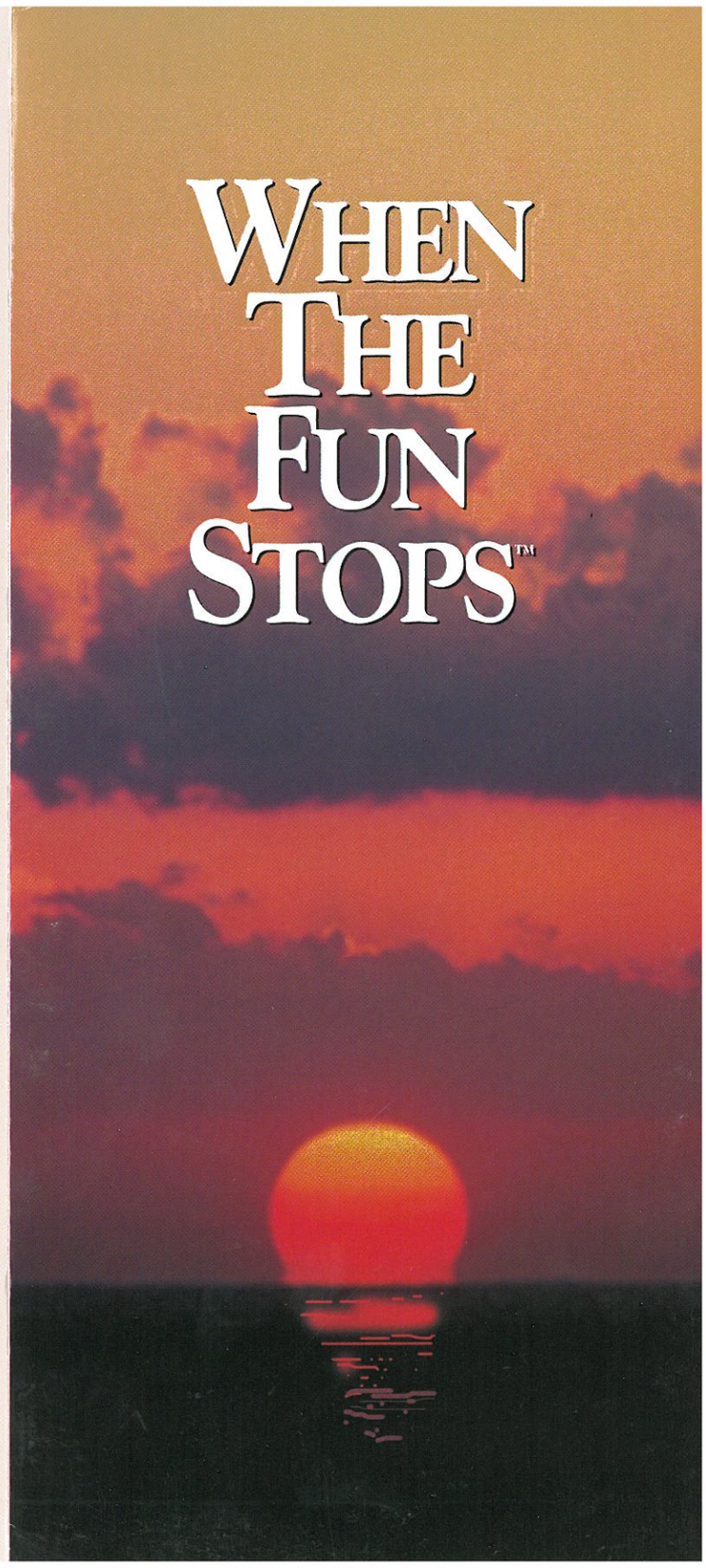

WHEN THE FUN STOPS™

"In the beginning I gambled because it was fun. It was magical the way gambling freed me from the worries, fears and frustrations of everyday living. When the problems began, I convinced myself that one more bet would solve everything. But one bet led to another, leaving me with the pain of lost money, lost time, lost self-respect, and the pain of losing control..."

–Anonymous

The Hidden Illness

For most people, gambling is entertainment – a fun activity that can be enjoyed without harmful effects. But for some, it's not just a game – it's a serious problem that continues, even after the fun is gone.

Just as some people can become addicted to alcohol or drugs, it is possible for a person to become obsessed with an uncontrollable urge to gamble.

This is problem gambling – an emotional illness that often remains hidden until the consequences of repeated gambling begin to affect the financial and emotional security of the gambler and the family.

As the stress of these consequences increases, the problem gambler finds he/she must seek relief through even more gambling. The result is a progressive financial and emotional deterioration which can destroy both the gambler and his/her family.

Problem gambling can affect men and women of any age, race or religion, regardless of financial or social status. It is not possible to predict who will develop a gambling problem, but once identified, the problem can be successfully treated.

The Warning Signs

Problem gambling is not easily detected. The person with a gambling problem often will go to great lengths to maintain a normal appearance, while covering up the consequences of their gambling.

Some of the indicators that a person may be suffering from a gambling problem include:

Losing time from work, school or family due to gambling

Repeated failed attempts to stop or control the gambling

Borrowing money to gamble or pay gambling debts

Gambling to escape worry or trouble

Neglecting the care of one's self or family in order to gamble

Lying about the amount of time and money spent on gambling

Gambling more money in an attempt to win back losses (chasing)

Selling or pawning personal possessions to get money to gamble

Feelings of hopelessness, depression, or suicide as a result of gambling

Help Is Available

If you or someone you know is experiencing the fear, frustration or anger due to a gambling problem, you are not alone.

By reaching out to people who understand, you can find the help you need – without fear of judgment or further pain.

The **Problem Gamblers HelpLine** is available 24 hours a day, 7 days a week to answer your questions and offer confidential assistance.

Caring and knowledgeable counselors will provide information on available treatment and support resources in your area for both the gambler and those affected by the gambler's problem.

Just pick up a phone and dial:

1-800-522-4700

Problem Gamblers HelpLine

It's that simple.

When the Fun Stops...Help is just a phone call away.

Nevada Council on Problem Gambling