SUBSTANCE ABUSE WORKING GROUP

NOTICE OF PUBLIC MEETING

DATE: Wednesday, June 20, 2018

TIME: 10:00 A.M. to 11:30 A.M.

LOCATIONS: LOCATIONS TO BE CONNECTED BY VIDEOCONFERENCE

Office of the Attorney General	Office of the Attorney General
Mock Courtroom	Conference Room #4500
100 N. Carson Street	555 East Washington Avenue
Carson City, Nevada 89701	Las Vegas, Nevada 89101

REVISED AGENDA

Please note: The Substance Abuse Working Group may 1) take agenda items out of order; 2) combine two or more items for consideration; or 3) remove an item from the agenda or delay discussion related to an item at any time. Reasonable efforts will be made to assist and accommodate individuals with disabilities who wish to attend the meeting. Please contact Jan Riherd at (775) 684-1195 (jriherd@ag.nv.gov), in advance, so that arrangements can be made.

- 1. Call to Order and Roll Call of Working Group Members.
- 2. Welcome and Self-Introduction of Members. Attorney General Adam Laxalt.
- **Public Comment.** Action may not be taken on any matter brought up under public comment until scheduled on an agenda for action at a later meeting. (Discussion only.)
- 4. **Approval of October 11, 2017 Meeting Minutes.** See Attachment One (1). (Discussion and for possible action.)
- 5. 2017 Accomplishments. Incinerators, Naloxone, Youth Prevention Programs, Drug Take Back Days, Law Enforcement Summits, Lawsuit against Pharmaceutical Manufacturer, and Substance Abuse Law Enforcement Coordinator. Nick Trutanich, Chief of Staff, Office of the Nevada Attorney General. Cyndi Yenick, Founder and Executive Director of BubHugs Foundation. (Presentation and discussion only.)
- 6. Report on Statewide Partnership on the Opioid Crisis Working Group (SPOC). Patty Cafferata, Special Assistant Attorney General and Terry Kerns, Nevada Attorney General Opioid Coordinator. (Presentation and discussion only.)
- 7. Report on Public Service Announcements (PSAs) Related to Nevada's Opioid Crisis. See Attachment Two (2). Linda Lang, Executive Director, Nevada Statewide Coalition Partnership. (Discussion only.)

- 8. Distribution of DisposeRx packets with Every Acute Schedule II Opioid Prescription Dispensed from WalMart and Sam's Club Pharmacies. Anna Carr, PharmD, WalMart Pharmacy Clinical Services Manager. (Presentation and discussion only.) See Attachment Three (3).
- 9. Legislative Bill Draft Proposals/Ideas for the 2019 Session. Nick Trutanich, Nevada Attorney General Chief of Staff. (Discussion only.)
- 10. Action Plan for 2018 Possible Goals. (Discussion and for Possible Action.)
 - A. Coordination of drug activities between law enforcement and health care providers.
 - B. Implementation of ODMAP Statewide. See Attachment Four (4).
 - C. Effects of substance abuse on law enforcement, prisons, and other correctional facilities.
- **11. Tentative Quarterly Meeting Schedule.** (Discussion only.) Wednesday, September 27, 2018 and Wednesday, December 12, 2018
- **Public Comment.** Action may not be taken on any matter brought up under public comment until scheduled on an agenda for action at a later meeting. (Discussion only.)
- 13. Adjournment.

Supporting material for this meeting may be requested from Janice Riherd at (775) 684.1195 (jriherd@ag.nv.gov), and is available at the Office of the Attorney General, 100 N. Carson Street, Carson City, Nevada 89701.

In accordance with NRS 241.020, this public notice and agenda was posted on or before June 15, 2018 on the Office of the Attorney Website, http://ag.nv.gov/, the State of Nevada's Public Notice Website, https://notice.nv.gov, and in the following locations:

Office of the Attorney General	Nevada State Library
100 N. Carson Street	100 N. Stewart Street
Carson City, Nevada 89701-4717	Carson City, Nevada 89701
Office of the Attorney General	Nevada State Capitol
Grant Sawyer Office Building	101 N. Carson Street
555 E. Washington Avenue, #3900	Carson City, Nevada 89701
Las Vegas, Nevada 89101	
	Legislative Counsel Bureau
Office of the Attorney General	Nevada Legislature Building
5420 Kietzke Lane, #202	401 S. Carson Street
Reno, Nevada 89511	Carson City, Nevada 89701

Attachment One (1)

to

Substance Abuse Working Group Agenda
June 20, 2018

Contents: Minutes of October 11, 2017 Meeting

DRAFT

STATE OF NEVADA SUBSTANCE ABUSE WORKING GROUP

MINUTES OF MEETING

October 11, 2017 – 10:00 AM

Video Conferenced Between:

Office of the Attorney General Mock Courtroom 100 N. Carson Street Carson City, NV 89701

Office of the Attorney General Grant Sawyer Building Room 4500 555 E. Washington Ave. Las Vegas, NV 89101

Members present:

Adam P. Laxalt, Attorney General - Chair Dr. Miriam Adelson, Adelson Clinic Chuck Callaway, Police Director, Las Vegas Metro Police Department Carol Del Carlo, Regent, Nevada System of Higher Education - Secretary J. Brin Gibson, Bureau Chief, Office of the Attorney General Mark Jackson, Douglas County District Attorney - Vice Chair Linda Lang, Executive Director, Nevada Statewide Coalition Partnership Yenh Long, Program Administrator, Nevada State Board of Pharmacy; Proxy for Dr. Larry Pinson, Executive Secretary, Nevada State Board of Pharmacy David Marlon, President, Solutions Recovery, Inc. Dr. Stephanie Woodard, Licensed Psychologist, Department of Health & Human Services; Proxy for Richard Whitley, Director, Department of Health and Human Services

Attorney General Staff Present:

Asheesh Bhalla - Board Counsel Patty Cafferata - Coordinator Marissa Kuckhoff Taylor Musselman Tarah Sanchez

Others Present:

Jeanette Belz Mary Cannizzaro Trey Delap Agata Gawronski Chelsey Parvin Brandi Planet

1. Swearing in of new member Brin Gibson.

Attorney General Adam P. Laxalt swore in new member Brin Gibson.

2. Call to order and roll call of working group members.

AG Laxalt called the meeting to order. Secretary Marissa Kuckhoff called roll. Quorum present.

Substance Abuse Working Group Minutes of Meeting October 11, 2017 Page 2 of 4

3. Public Comment.

None.

3. Approval of August 2, 2017, meeting minutes (Attachment One (1)).

Dr. Stephanie Woodard suggested one change to the minutes: paragraph 3, MAT-PDOA Grant was applied for, not yet received. David Marlon motioned to approve the minutes pending the change. Linda Lang seconded the motion. The motion passed with Mark Jackson and Brin Gibson abstaining from the vote.

4. Report on Governor's Opioid Task Force. Brin Gibson, Bureau Chief, Office of the Attorney General (Presentation and Discussion Only.)

Gibson reported that a work-program will be presented to the Interim Finance Committee (IFC) on October 19, 2017. It incorporates some of Governor Brian Sandoval's Prescription Drug Abuse Prevention Plan and will be funded with VW settlement money. There are four requests included in this work-program. The first request is that there will be five incinerators located in the state to allow for the disposal of drugs. The second request is that an Attorney General's criminal investigator will be assigned to the Healthcare Fraud Task Force, a joint task force staffed by law enforcement from various agencies. AG Laxalt commented that he has discussed this with the Federal Bureau of Investigations (FBI) and they look forward to the investigator's participation. Gibson continued with the third request stating it is a prevention element funding a "healthy lifestyle" sub-grant and state-wide prescription drug awareness program. The Boys and Girls Club will be a key beneficiary for this program. The final request is the distribution of Naloxone/Narcan. AG Laxalt mentioned a fifth request and asked Lang to elaborate. Lang reported that as part of the prevention education in the near future there will be money to support the statewide prevention efforts around prescription drugs that will serve the twelve community coalitions and the statewide partnership serving the seventeen counties. A proposal was submitted that has four to five components including reaching out to special populations, evidence based programming, the continuation of the take-back days, and a state wide educational message from the Attorney General's Office. Mark Jackson stated that the number one issue with methamphetamine, and now with opioids is prevention. Further, he would like to appear to provide public comment on October 19, 2017. AG Laxalt thanked the group for their suggestions and work and opened the invitation to attend the IFC meeting on October 19, 2017.

It is noted that Dr. Miriam Adelson arrived for the meeting in Las Vegas.

5. Report on Addiction, Recovery, and Student Success from the Association of Community Colleges Trustees (ACCT) Leadership Congress. Carol Del Carlo, Nevada System of Higher Education Board of Regents, Regent, District 9. (Presentation and Discussion Only.)

Del Carlo reported that as a member of the Community Colleges Committee, she attended the national meeting in Las Vegas two weeks prior. The conference took place over the course of three days. Addiction, Recovery, Student Success was a seminar put on by Michael DeLeon, a

Substance Abuse Working Group Minutes of Meeting October 11, 2017 Page 3 of 4

recovering heroin addict who has been to prison twice and is the only ex-felon to sit on a board of trustees at a community college in the country. Del Carlo stated that his message was impactful, that he is available as a speaker, and she bought the CDs if the group wants to review them. DeLeon sees addiction as the number one problem in schools. He became a drug counselor and authored a book called <u>Chasing Detours</u>. Ninety-five percent of female addicts and 80% of male addicts were sexually molested at one point. In Indiana, 50% of kids have lost their parents due to drug problems. Deleon believes in a practice called "table-talks", where parents discuss drugs and addiction with their children.

6. Introduction of the new Law Enforcement Coordinator Terry Kerns. Patty Cafferata, Special Assistant Attorney General for Law Enforcement Counties and Municipalities, Office of the Attorney General.

AG Laxalt reported that a reoccurring challenge the group has seen and worked to overcome is the lack of information sharing between law enforcement and the medical community. The AG's Office, with the help of Dr. Whitley and the Department of Health and Human Services, will house a law enforcement coordinator to facilitate communication between these groups. Terry Kerns is a former agent with the Federal Bureau of Investigations (FBI) and a registered nurse. Kerns thanked the attorney general and said she looks forward to bridging the gap between the medical community, the first responder community and law enforcement. Kerns reported that she was a nurse for 11 years and in the FBI for 21 years. During the anthrax attacks, Kerns worked closely with public health and the centers for disease control. Jackson asked Cafferata for an updated contact list, including Kerns and Gibson.

7. Nominations and Elections of Vice-Chair and Secretary (NRS 228.800.4). (Discussion and Possible Action.)

AG Laxalt proposed Jackson as the vice-chair and Regent Del Carlo as secretary and opened discussion of nominations. Gibson motioned to approve the nominations and Chuck Calloway seconded the motion. The motion passed unanimously.

8. National Institute on Drug Abuse Overdose Death Rates Report – Informational Attachment Only, No Presentation. (Possible Discussion.) See Attachment Two (2).

Cafferata reported that the attachment was from the White House and has important information for the group. Jackson inquired as to whether the information would be incorporated into the IFC presentation on October 19. AG Laxalt stated that they will review the handout. AG Laxalt suggested that they invite the state-group to return to re-present their information to the group. Lang noted that Nevada mirrors the national statistics regarding Benzodiazepine and that this would be an area of focus for physician and community education. Dr. Stephanie Woodard reported finding similar results in that there are individuals who overdose while using opioids and Benzodiazepines. Dr. Woodard reported that they are currently trying to link death records to the PMP to track the substances. Calloway stated that he does not have the information but the coroner's office doing the toxicology tests may be able to provide the information. Jackson reported that the tri-county area, including the Carson, Douglas, and Lyon counties, works with the Trinet Narcotics Task Force and has seen that most Benzodiazepines are prescribed, however,

Substance Abuse Working Group Minutes of Meeting October 11, 2017 Page 4 of 4

they are being abused and not being taken as directed. Yenh Long reported that opiates and Benzodiazepines are commonly prescribed together due to patients having anxiety. In addition, Soma (Carisoprodol) is added on to make the "holy trinity", which also increases the risk of overdose. AG Laxalt asked Long why a patient would need all three substances. Long reported that seldom are all three substances needed but it could give the patient a better high. AG Laxalt asked Dr. Woodard if there had been any reported overdoses where benzodiazepine was the sole substance or is the substance always paired with an opioid. Dr. Woodard answered that it does not have to be paired with an opioid.

AG Laxalt asked David Marlon for an update on the recovery high school. Marlon reported that the school is being called Mission High School and currently has 18 students. The grand opening is scheduled for October 23, 2017. AG Laxalt asked the group if it would be appropriate to share information about the school state wide. Lang will discuss with Marlon how to spread awareness of the school. Long suggested contacting Jennifer Delett-Snyder, Director of Healthier Nevada, regarding public service announcements.

Dr. Adelson reminded the group of her presentation and study on drug testing of teachers and students in a private school and the negative effects of substance use on the adolescent brain. AG Laxalt reported that the group hopes to obtain a half a million dollar grant for the Boys and Girls Club of Nevada for substance abuse prevention. Lang asked to put on a presentation in conjunction with the Yenick family at an upcoming meeting. The Yenick family is working to bring a pilot program to health classrooms in the state. The Yenick family lost their son, a star athlete and former football player at the University of Nevada, Reno, to a drug overdose after being prescribed pain medication for an injury.

9. Mandatory Quarterly Meetings (NRS 228.810), Scheduling of 2018 meetings. (Discussion and Possible Action.)

AG Laxalt noted the dates and times of the upcoming meetings.

Wednesday, March 14, 2018

Wednesday, June 13, 2018

Wednesday, September 12, 2018

Wednesday, December 12, 2018

10. Public comment.

None.

11. Adjournment.

Del Carlo moved to adjourn the meeting and Jackson seconded the motion. The motion passed unanimously and the meeting was adjourned.

Attachment Two (2)

to

Substance Abuse Working Group Agenda
June 20, 2018

Contents: Public Service Announcements Report

Members of the Substance Abuse Working Group,

I wanted to provide a brief update for you on the progress of our opioid public service announcement (PSA). As previously mentioned, this PSA will be focused on Nevada's Good Samaritan Drug Overdose Act enacted in 2015. The Act provides certain civil and criminal protections for individuals who dial 911 seeking emergency help for persons experiencing an overdose and stay on the scene until emergency help arrives. The focus of the commercial would be to alert Nevadans about the existence of this act so they can get help for someone overdosing without being afraid. In order to reduce production costs, I've written a script with Linda Lang's input, and the PSA will be narrated using selected photos, graphics and other visuals. Production for the script should begin by the end of June, and we anticipate that the PSA will begin airing later this summer, for 3-4 months on television and radio. Once the piece has aired, I will send out a press release to news networks announcing the campaign, and will forward the press release and the PSA to members of the Working Group. We're hoping that raising awareness about substance abuse and putting this message out will make a difference in our communities.

Best,

Monica Moazez
Communications Director

Attachment Three (3)

to

Substance Abuse Working Group Agenda
June 20, 2018

Contents: Dispose Rx Packet Information Letter



January 16, 2018

Attorney General Adam Laxalt 100 North Carson Street Carson City, NV 89701

At Walmart, the health and safety of our pharmacy patients is a critical priority. As a company, we are proactively taking action to bring attention and resources to the nation's opioid public health epidemic, an issue that has devastated so many families and communities across America.

On January 17, Walmart and Sam's Club will begin distributing DisposeRx packets with every acute Schedule II opioid prescription that is dispensed from our pharmacies. We will be offering these packets to our pharmacy patients free of charge, along with educational materials on the proper use and disposal of opioids when prescribed by a doctor.

DisposeRx is a patented powder blend that provides a solution for the safe, sustainable disposal of unwanted, unused or expired medications. According to the product design, in approximately 60 seconds the powder (when mixed with warm water) renders unused medications (pills, tablets, capsules, liquids, or patches) neutral and safe for disposal in a normal trash can. It also replaces the need to bring unused medications back into pharmacies/stores or wait for takeback events.

We believe that safe, proper disposal of unused medications and education around the risk of drug abuse is key to empowering our patients. We stand committed to working in a collaborative fashion across the health care system to assist in helping solve the national health care crisis of opioid abuse. We believe access to DisposeRx in our pharmacies is good opioid stewardship.

Sincerely,

Gerard Dehrmann

Sr Vice President, Public Affairs & Government Relations

Walmart & Sam's Club

How to safely use opioids

- Start low and go slow. Take the lowest dose and amount needed to manage your finish the entire prescription. pain. Unlike antibiotics, you don't need to
- more (higher doses) or take for a longer addicted to opioids increases as you take period of time. Your risk of becoming dependent on or
- Always store your medication in a safe visitors, children, friends and family). place, out of reach of others (including
- Never share or sell your prescription

Your provider can give you options

smallest amount for the shortest time. The CDC recommends using the

amount than was prescribed. your pharmacist to fill a smaller You always have the option of asking

questions about your pain therapy doctor or pharmacist if you have any expectations for the treatment of It's important to have realistic your pain. Always reach out to your

Safe disposal options

and your family. Additional disposal offer a solution or help you determine opioids and other medications you no longer use. Your Walmart pharmacist can It's important to safely dispose of resources that you may find helpful: the best disposal method for you

drug_disposal/takeback deadiversion.usdoj.gov/

and pain management at: You can also find help for addiction

samhsa.gov

The National Helpline at 1-800-662-HELP

cdc.gov/drugoverdose/patients



Pharmacy Walmart

prescription opioids Let's talk about

injury, or for certain chronic health conditions moderate to severe pain following surgery. prescription opioids can be used to relieve When prescribed and taken properly

But there's more you need to know about

- Don't take more than you need or for longer than needed for your pain.
- Your risk of becoming addicted to opioids or take for a longer period of time increases as you take more (higher doses)
- Safely dispose of any unused medication safe options available to you. immediately after treatment has ended Talk to your Walmart pharmacist about

prescription opioids die every day from overdoses involving CDC reports that more than 40 people

Prescription opioids come with some serious risks, including but not limited to:*

- Overdose that could lead to sudden death
- Physical dependence—you may have symptoms of withdrawal after the medication is stopped
- Depression

Overdose risk increases when you combine your opioids with the following drugs:

- · Alcohol
- Benzodiazepines (such as alprazolam and diazepam)
- Other sedatives
- Other opioids, including prescription and illicit forms, such as heroin

Talk to your doctor or pharmacist about any other medications that you are taking with your opioids.

 This is not a comprehensive list of all risks or side effects. Please review the information provided with your prescription and consult with your primary care provider or pharmacist for additional information.

The following conditions may increase your risks associated with opioids:

- History of drug misuse, or overdase
- Certain mental health conditions (such as depression or anxiety)
- Older patients (over 65 years old)
- Pregnancy

Each day, more than 1,000 people are treated in emergency departments as a result of not using their opioid medication correctly.



Opioids by the numbers

- 1 in 4 people who receive prescription opioids long-term for non-cancer pain struggles with addiction.
- Today, nearly half of all U.S. opioid overdose deaths involve a prescription opioid.

Pamphlet information adapted from: cdc.gov

S253 Wid-Wart Stown, Inc. | Sept. 1428 | GSSB

8

- Talk to your provider about other treatment options, such as:
- Over-the-counter pain relievers like acetaminophen, ibuprofen, or naproxen
- Physical therapy, exercise, or weight loss
- Learn how to modify physical, behavioral and emotional triggers of physical pain
- Dispose of any unused medications after your treatment has ended
- Call 911 immediately if you take too much of your medication, experience shortness of breath, or a child takes your medication
- Talk to your pharmacist if you are concerned about the risk of overdose

DON'T

- Give your medication to others or leave your medication in an unsecure place where others might have access
- Take more than the prescribed amount of your medication
- Take it for longer than needed or to treat another injury or condition later
 Drink alcohol while taking opioids
- Take with other medications, especially those that cause drowsiness, without talking to your doctor or pharmacist





A Novel Partnership

"The health and safety of our patients is a critical priority; that's why we're taking an active role in fighting our nation's opioid issue – an issue that has affected so many families and communities across America."

Marybeth Hays, Executive Vice President of Consumables and Health at Wellness at Walmart U.S

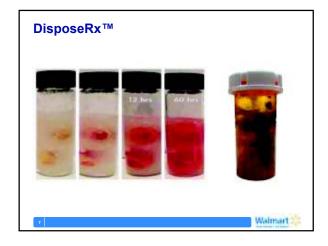
Walmart 2











A Proactive Approach



- Patients filling a new opioid prescription will receive a free DisposeRx™ packet and an opioid safety information brochure.
- Patients with chronic opioid prescriptions will be offered a DisposeRx™ packet every 6 months
- Customers can request a free DisposeRx™ packet from Walmart Pharmacies

Walmart 2

A Novel Solution

"While this issue requires many resources to solve, we are confident this unique, easy-to-use disposal solution, DisposeRx™, will make a meaningful impact on the lives of many. Walmart is incredibly proud to fund this initiative that provides our patients with an opioid disposal solution they can access nationwide, at no cost."

Marybeth Hays, Executive Vice President of Consumables and Health at Wellness at Walmart U.S

Walmart 2

Attachment Four (4)

to

Substance Abuse Working Group Agenda
June 20, 2018

Contents: ODMAP Technical Bulletin

BRIAN SANDOVAL

RICHARD WHITLEY, MS Director



JULIE KOTCHEVAR, Ph.D. Interim Administrator

IHSAN AZZAM, M.D., MPH Chief Medical Officer

DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF PUBLIC AND BEHAVIORAL HEALTH
4150 Technology Way
Carson City, Nevada 89706
Telephone (775) 684-4200 • Fax (775) 687-7570
http://dpbh.nv.gov

TECHNICAL BULLETIN

Topic: Reporting to the High Intensity Drug Trafficking Areas' (HIDTA) Overdose Detection Mapping Application

Program (ODMAP)

Contact: Ihsan Azzam, MD, MPH, Chief Medical Officer at iazzam@health.nv.gov

Date: May 29, 2018

To: Nevada's Emergency Medical Service Providers and Law Enforcement Agencies

Opioid misuse and overdose is a serious public health threat in Nevada that effects the health and well-being of our citizens. Timely data is imperative to allow public health, health care providers, and first responders to combat this issue in Nevada. On May 16, 2018, the Division of Public and Behavioral Health (DPBH) filed the regulations with the Secretary of State to comply with the Controlled Substance Abuse Prevention Act, Assembly Bill 474. The regulations provide the structure for health care providers to report overdose or suspected overdose cases to assist with the comprehensive response needed to save Nevadans' lives. This has been a step in the right direction to quickly investigate the causes of overdose and direct interventions and resources to address this issue. These reports will come to DPBH 7-days after patient discharge, so will complement the current reporting through syndromic surveillance from emergency rooms and urgent care centers in Nevada.

However, one data gap that remains is to collect and operationalize overdose reports from Nevada's first responders. Therefore, the Division of Public and Behavioral Health is requesting that Nevada's Emergency Medical Service Providers and Law Enforcement Agencies enter suspected drug overdoses effective immediately into the High Intensity Drug Trafficking Areas' (HIDTA) Overdose Detection Mapping Application Program (ODMAP). ODMAP, assists public health, fire, emergency medical service and law enforcement agencies to track known and suspected overdose incidents.

ODMAP provides real-time overdose surveillance data across jurisdictions to support public safety and health efforts to mobilize an immediate response to an overdose spike. It links first responders on scene to a mapping tool to track overdoses to stimulate real-time response and strategic analysis across jurisdictions. It is a mobile tool, capable of being used in the field on any mobile device or data terminal connected to an agency Computer Aided Dispatch (CAD) system. The DPBH understands the many reporting responsibilities in additional to the clinical responsibilities of first responders and has chosen ODMAP as a viable reporting tool, as it collects 3 data indicators that can be entered in a matter of minutes from a mobile device.

Per Nevada Revised Statute (NRS) 453C.130, the Department of Health and Human Services has the authority to study drug overdoses in the state, which includes engaging in efforts to ascertain and document the number, trends, patterns and risk factors related to fatalities caused by unintentional opioid-related drug overdoses and other drug overdoses.

May 29, 2018 Page 2

ODMAP, like syndromic surveillance, is an early warning system that can be used to give an initial alert to public health to elicit further investigation. It is better to be notified of a false alarm and investigate than to learn about an issue that is causing disease and death in our citizens too late to intervene. ODMAP, when used by all jurisdictions also allows public health to identify an issue the is occurring across jurisdictions where it might not be evident by a single county or responding agency because it is happening across county lines.

The DPBH, in partnership with many community partners and fellow agencies is supporting the use of ODMAP immediately and appreciates the local efforts to implement this tool.

Date: May 24, 2018

For additional information on ODMAP and how to join the system, please contact:

Terry Kerns, PhD
Substance Abuse/Law Enforcement Coordinator
Office of the Attorney General
555 E Washington Avenue
Las Vegas, NV 89101
702 486-0978
tkerns@ag.nv.gov

Signed:

Ihsan Azzam, MD, MPH, Chief Medical Officer Division of Public and Behavioral Health